Prayers for the Quarters of the Day

Morning - facing East

Hail to the Divine in day's first light.

The rising Sun in the pink sky, a symbol of new beginnings.

May I be mindful of the element of Air.

The breath of life. Perfect balance.

In this new day, may my spirit soar like the Eagle.

Gentle and clear-headed in motion.

Mid Day - facing South

Hail to the Divine in the height of the day.

The risen Sun in the brightness of mid-hour, a symbol of action.

May I be mindful of the element of Fire.

Of strength and determination

In this hour may I realize my inner power.

Like the blinding brilliance of the Sun.

Sundown - facing West

Hail to the Divine in the light that fades.
The setting Sun in crimson sky a symbol of completion.
May I be mindful of the element of Earth.
Grounding, manifestion.
In this hour may I draw close to me, that which is needed Like the soil receiving a fallen seed.

Night/Midnight - facing North

Hail to the Divine in this hour of darkness
The Sun's light reflected in the moon a symbol of the Spark Within.
May I be mindful of the element of Water.
Cleansing and Renewal.
In this hour may I realize that some things need to be left behind.
Let stresses and concerns of the day fall away into the river of the night So that I may find renewal and comfort in my slumber.

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